

Allowable Over the Counter Expenses

The following guide has been created to provide guidance on the type of items that are reimbursable. Please check your specific plan enrollment and your company's plan documents for specific exclusions. To verify if a certain expense is covered based on your personal enrollment or if the item is not listed below, please call 1-800-532-3327.

Acceptable Over-The-Counter (OTC) Items (Reimbursable without a prescription)		
<ul style="list-style-type: none"> Insulin Saline Bandages/Band-Aids Rubbing Alcohol Thermometers Cold/Hot Packs First Aid Kits Oxygen 	<ul style="list-style-type: none"> Ovulation Indicators Pedialyte Blood Pressure Monitor Cholesterol Test Pregnancy Test Condoms Flu Shots Reading Glasses 	<ul style="list-style-type: none"> Gauze and Tape Incontinence Supplies Diabetic Supplies Glucose Meters Sunscreen SPF 15+ Crutches Orthopedic Shoe Inserts Breast Pumps/Lactation Supplies
Dual Purpose Over-The-Counter Items (Written Physician Prescription required to be reimbursable)		
<ul style="list-style-type: none"> Acid Controllers Acne Medications Allergy & Sinus Antibiotic Products Anti-Diarrheals, Anti-Gas Anti-Itch & Insect Bite Asthma devices and Medication Ear Wax Removal Smoking Cessation Medication 	<ul style="list-style-type: none"> Antiparasitic Treatments Baby Rash Ointments/Creams Cold Sore Remedies Cough, Cold & Flu Digestive Aids Feminine Anti-Fungal/Anti-Itch Contraceptive Pills Humidifier 	<ul style="list-style-type: none"> Laxatives Motion Sickness Pain Relief Sleep Aids & Sedatives Stomach Remedies Vitamins, Supplements, Herbs Compression Hose Medicated Sunburn Creams
Non-Acceptable Over-The-Counter Items (Not reimbursable)		
<ul style="list-style-type: none"> Aromatherapy Baby bottles and cups Baby oil Baby wipes Cosmetics Dental floss Facial care 	<ul style="list-style-type: none"> Feminine care Fragrances Hair regrowth Oral care Petroleum jelly Shampoo & conditioner Skin care 	<ul style="list-style-type: none"> Spa salts Sunscreen/tanning products Teeth Whitening Products Tooth brushes Toiletries (i.e. Deodorants, Fragrances, and Tissues)